

What is a Personal Safety Action Plan



PERSONAL SAFETY ACTION PLAN

- A Safety plan that:
 - Lists key activities in your life (home and work)
 - Identifies potential hazards associated with those activities
 - Prioritizes hazards based on risk (level of hazard x probability of occurrence)
 - Develops an action plan that will address the top ranked risks.



PSAP Purpose



PERSONAL SAFETY ACTION PLAN

To reduce your personal exposure and that of those around you to risks associated with an unsafe environment



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A PSAP is NOT.....



PERSONAL SAFETY ACTION PLAN

**Laundry list of
things you are
doing wrong!**



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2013

(Name)

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PERSONAL SAFETY ACTION PLAN



I will:

-
-
-
-
-
-



(Signature)

Name
URS Corporation

2013

(Name)

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PERSONAL SAFETY ACTION PLAN



I will:

- ◆
- ◆
- ◆
- ◆
- ◆
- ◆



(Signature)

Name
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Creating the Plan



PERSONAL SAFETY ACTION PLAN

- Use template provided to list activities, associated hazards and calculate risks.
- Prioritize list based on calculated risks.
- Identify actions for top 5 – 6 activities to reduce / prevent risk.



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What do I do with my PSAP?



PERSONAL SAFETY ACTION PLAN

- Post at your desk and at home
- Measure your performance against your plan – How successful are you at changing your behaviors?
- Review with family and co-workers every 3 months
- Revise, as appropriate, to reflect current activities



Keeping the Plan Current



PERSONAL SAFETY ACTION PLAN

Remember Accidents happen more frequently at Work and at Home when you change your work process or deviate from your Normal Routine!



PLAN TO BE SAFE!

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