



## OCCUPATIONAL MEDICAL SERVICES

### Overview of Services

- ▶ Occupational Medicine
- ▶ Behavioral Health
- ▶ Occupational Health and Wellness

The occupational health program is designed to provide professional services in support of the health and safety of more than 9,000 workers on the Hanford Site. The program is based on fundamental occupational health tenets of:

- ▶ Medical surveillance
- ▶ Prevention
- ▶ Identification & limited treatment
- ▶ Rehabilitation of work related diseases, injuries, & education

### Overview of Services

**HPMC** OCCUPATIONAL MEDICAL SERVICES

**HPMC** OCCUPATIONAL MEDICAL SERVICES

1979 Snyder St., Suite 150  
 Richland, WA 99354  
 Mail Stop G3-70

[www.hanford.gov/health](http://www.hanford.gov/health)

## Medical Services

Main / 1979 Snyder St. 376-3333

200 West Clinic 373-2314

Scheduling 376-6251 or 373-9258

Records Release 372-0869

Patient Comment Line 376-6565

Recent Exam Result Inquiries 376-1999

Beryllium Case Manager 376-6000

Case Management Nurse 376-5534

### Walk-In Medical Service:

Preliminary evaluation and treatment is provided when a worker experiences an occupational injury, exposure, or illness.

### Return-to-Work Examinations:

We provide return-to-work services and work suitability evaluations for workers who have been absent from work due to illness or injury.

### Infection Control & Immunizations:

We offer annual flu vaccinations, bloodborne pathogen training, Hepatitis-B and other immunizations as appropriate.

### Case Management & Beryllium Case Management:

We provide services to assist injured/ill workers in the return-to-work process. Beryllium Case Management administers the Beryllium Medical Monitoring Program.

### Medical Examinations & Surveillance:

We provide medical exams for medical qualification and monitoring of workers at risk for exposure to workplace hazards.

### Health Analysis & Risk Communication:

Our professionals analyze health data to monitor trends and validate effectiveness of worker protection measures and controls. Risk communication activities include interchange and interpretation

of information with stakeholders and response to worker health and safety concerns.

### Travel Medicine:

Travel medicine services are provided to workers traveling on business to domestic or foreign destinations.



## Occupational Health & Wellness Services

376-3939

### Work Capacity Evaluation:

We assess a worker's capacity related to the essential functions and physical demands of his/her job--often a part of the return-to-work process or work restriction/suitability evaluation.



### Ergonomics:

We provide office/field ergonomic evaluations, web-based resources, and educational programs such as Ergonomic Awareness Training and Back School.

### Health Interventions:

We offer lifestyle behavior change programs at the worksite such as Weight Management, Tobacco Cessation, and Worksite Fitness programs.

### Health & Safety Presentations/Training:

We provide a wide selection of topics available to Hanford work groups, listed with descriptions on the AMH website.

### Work Conditioning:

This consists of rehabilitation programs designed to restore physical capacity, reduce pain or other symptoms, and educate workers about re-injury prevention.

### Health Fairs & Screenings:

We host health fairs at various locations across the Hanford Site to spotlight health topics and provide preventive health screenings.

### Individual Health Coaching:

One-on-one coaching assists employees in making healthy lifestyle changes.

### Cardiopulmonary Conditioning:

These are services provided to workers with compromised lung function.

### Fitness Assessment:

Exercise Physiologists perform assessment of strength, flexibility, body composition and cardiovascular fitness.

### Quarterly Health Challenges:

We host Site-wide health challenges, using its on-line Health Challenge Tracker tool, to raise awareness and promote a healthy lifestyle.

### Web-Based Programs:

We provide wellness web tools, resources and applications including interactive learning modules, newsletters, toolkits, and health risk appraisal.

## Behavioral Health Services

376-4418

### Employee Assistance Program (EAP):

Behavioral Health clinicians provide confidential psychological counseling and referral for work/personal issues such as stress, anxiety, depression, grief, coping with change, work performance, or drug and alcohol abuse.

### Other Behavioral Health Services:

- ▶ Fitness-for-duty and reliability evaluations
- ▶ Psychological and substance abuse monitoring
- ▶ Consultation to assist managers and work groups
- ▶ Presentations on mental health topics

