



HEWT Benefits News & Views for Retiree Participants

March/April 2006
Issue #6

A Few Words Regarding Medicare D Prescription Drug Coverage

- ◆ If you did not receive the HEWT letter regarding your prescription coverage and Medicare D coverage, dated September 1, 2005, you can request another copy by e-mail to **Benefits_-_PHMC@rl.gov**, or by writing to:
Fluor Hanford, PO Box 1000, H2-23
Richland, WA 99352

The HEWT has determined that the prescription drug coverage offered by HEWT is, on average for all plan participants, expected to pay out as much as the standard Medicare prescription drug coverage will pay. This determination was verified by an independent consultant. The HEWT-sponsored prescription plans are provided by Express Scripts if you are enrolled in a UnitedHealthcare-administered medical plan, or by Group Health if you are enrolled in a Group Health medical plan.

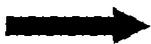
- ◆ If you and/or your spouse have registered for Medicare D drug coverage, please let Benefits Administration know by e-mail (above) or in writing to the above address.
- ◆ Take a few minutes to check out both HEWT-administered prescription drug plans at the following web sites:

Group Health Options: <http://www.ghc.org/pharmacy>
Express Scripts, Inc.: <http://www.express-scripts.com>

Todd A. Beyers, Sr. Manager—FH Benefits Administration

Inside this issue:

Medicare D	1
Reminder: Self-Payers	1
Did You Know??	2
Address/Phone Changes	2
Healthy Ages—Class	2
Untapped Generic Drug Savings	3
Hanford Retiree Association (HRA)	4
HERO Happenings	5
HEWT Contact Information	6-7
Login to UHC's myuhc.com	8



REMINDER FOR SELF-PAYING PARTICIPANTS IN BENEFIT PLANS

Payments for continuation of health care coverage are due by the first day of the month for that month's coverage (i.e., for coverage during the period of June 1st through June 30th, payment is due by June 1st). Termination of benefits will be implemented 45 days after the due date. You may pay monthly, quarterly, bi-annually or annually. Once terminated, benefits cannot be reinstated.

Please ensure your address is current for benefits communications. (See page 2 for address/phone changes.)

Special points of interest:

- Revised Self-Payer Practice (Page 1)
- Beneficiary Forms up-to-date? (Page 2)
- Address/Phone current? (Page 2)
- Generic drug savings study surprises (Page 3)
- Login to UHC's myuhc.com (page 8)

Did you know??



- To ensure you have a current beneficiary designation form on file for your HEWT benefits, including pension, savings, and life insurance, obtain a form from the Benefits website at:
<http://www.hanford.gov/hr>, click on **Benefits**, then on the left under Retirees, click on **Forms for Retired Participants**, click on “open form,” print, complete, sign and date where indicated, keep a copy for yourself and send the original to:
 FH—Benefits Administration, PO Box 1000, H2-23, Richland, WA 99352.
- Do you have a Group Universal Life (GUL) insurance account and/or a Long Term Care (LTC) account? To ensure you have a current address and beneficiary designation form on file, contact GUL directly at 1-800-642-5726, or LTC directly at 1-800-932-1132. Both insurance providers maintain their own participant records.
- Group Health nurse case managers and UnitedHealthcare care coordination specialists are available to assist in coordinating needed health care. As a few examples, perhaps you could benefit by using their services if you or a dependent in your family experiences any of the following: questions or concerns about medications; chronic conditions such as diabetes, asthma, or congestive heart failure; debilitating illnesses such as stroke, cancer, multiple sclerosis, or non-healing wounds; or for a desire to quit smoking.

Group Health nurse case managers and UnitedHealthcare care coordination specialists are registered nurses with special training and certification. Please contact one of them at one of the numbers below if you feel you could benefit from their services.

- Group Health—Tri-Cities area: 1-800-458-5450
- Group Health—Yakima area: 1-888-842-4224
- UnitedHealthcare—Optum Nurseline: 1-888-842-4224



ADDRESS/TELEPHONE CHANGES?



Please send address and telephone changes to:

Fluor Hanford, Inc.
 PO Box 1000, H2-23
 Richland, WA 99352

Address Change Forms are available from the Benefits website at <http://www.hanford.gov/hr>, click on **Benefits** and follow the links. Be sure to include your full name, payroll number (if known), new address, new phone number and your signature. This will update all applicable benefits records. Call Vanguard Participant Services at 1-800-523-1188 to receive an address/telephone change kit for your savings plans. See above for contacts for GUL and Long Term Care plans.

Healthy Ages Class on “Understanding how Medicare Works” **May 3rd from 9:00 a.m. to 11:30 a.m.**

To register, call Healthy Ages at 942-2700, Monday – Thursday. Seating is limited.
 Janet Artzer, Coordinator
 Sponsored by Kadlec Medical Center

HealthyAges
AFTER FIFTY

www.kadlecmed.org, click on “Quick Menu” and go to “Healthy Ages.”



Study Reveals \$11 Billion in Drug Sales Expected to Lose Patent in the Next Year.

An unprecedented opportunity for savings from increased use of generic drugs has never been greater. More than \$50 billion worth of branded drugs (patented drugs) will lose patent exclusivity over the next five years. In the next year alone, \$11 billion in drug sales are expected to lose patent, with generic alternatives becoming available for at least 15 branded drugs.

Do you know the difference between brand-name and generic drugs? **The main difference is that generics cost less—in some cases, as much as 70% less!**



With a generic drug, you get the same effective treatment that you get with its brand-name counterpart—without the higher cost. You get the same high quality. Generics are just as safe, and they have to meet the same high standards of the U.S. Food and Drug Administration (FDA) before they can be sold to you or your family.

Only your doctor can decide which prescription drug works best for you. But if you want to lower your out-of-pocket costs, ask your doctor whether a generic drug is available and right for you.

- ◆ **Talk to your doctor.** If the doctor writes “Do Not Substitute” on your prescription, you may get a higher-priced medication at the pharmacy. If you ask your doctor to write “Fill With Generics,” your pharmacist can fill your prescription with a lower-priced generic drug, when available.
- ◆ **Talk to your pharmacist** about switching to a generic. He or she can call your doctor for approval to give you a generic drug.
- ◆ **Take a copy of your “preferred drug list” (formulary)** to your doctor. Show him or her which drugs are covered and ask to place a copy in your file.

The main difference is that generic drugs cost less—in some cases, as much as 70% less!

New Service!

Do you or your family members fill long-term prescriptions at a local pharmacy? If so, use our free service to switch these prescriptions to the Express Scripts Mail Order Pharmacy. You will receive all the benefits of home delivery, and we'll do the work to switch your prescriptions. **To get started**, visit www.express-scripts.com/getstarted. You can review the long-term prescriptions you are currently filling at local pharmacies, then request home delivery. Submit your request online...we'll do the rest!

Safety is a top priority at Express Scripts...so when you choose to use generic prescription drugs, you know they've met some very high standards.



Check out the resources on many health topics at:

<http://about.com/health/>.



HRA Spring Luncheon

Thursday, April 20, 11:00 a.m. to 1:30 p.m.

Rivershore – Shilo Inn - Richland

Guest speaker: Scott Kelley, Executive Director, Port of Benton,
“Where We Are Now and Future Plans”

Reservations: Dolores Tillson - 582-5503; Gene VanLiew - 946-7738; or Paul Vinther – 943-1747



HRA MEMBERSHIP APPLICATION

Count me in for all the fun, activities and friendships, plus copies of the HRA newsletter “*The Hanford Retiree.*” I understand that membership is open to all retirees from prior Hanford contractors. Spouses and surviving spouses of retirees are also welcome to join. Enclosed is my membership application and check payable to **HRA**.

DUES: \$10.00 per membership for the current calendar year. Membership year is from January 1 through December 31, and includes the HRA newsletter.

Retiree's Name:		Spouse's Name:	
Street/PO Box Mailing Address:			
City:	State:	Zip Code:	
E-mail:			
Telephone:		Prior Company Affiliation:	
Circle One:	Renewal Membership	New Membership	

Please mail this application with payment to: **Hanford Retirees Association**
PO Box 768
Richland, WA 99352

HRA BOARD MEMBERS	
Paul Vinther, President	943-1747
Hal Lindberg, Vice President	946-1538
Jan Larkin, Secretary	586-3489
Harlan Anderson, Treasurer	783-6486
Ila Buchanan	946-7455
Roy Dunn	946-5089
Norvin Sasser	946-8129
Bob Poplin	943-3792
Fred Porter	375-1950
Marguerite Rosson	582-5995
Warren Sevier	627-5605
Roger Thiede	943-1905
Dolores Tillson	582-5503
Gene Van Liew	946-7738
Will Walker	946-0102
Jayne Robbins, Fluor Hanford Liaison	376-0623



HERO HAPPENINGS – SPRING 2006



Princess Coastal Cruise - 7-day cruise beginning September 16, 2006 in Vancouver, B.C. and visiting Victoria, Astoria, San Francisco, Santa Barbara, San Diego, and ending in Los Angeles. Prices start at \$609/pp, plus roundtrip airfare out of Seattle (\$324/pp). Contact Linda Meigs at 376-7692 for more details.

Pacific Northwest Cruise – September 29 – October 2, 2006, from \$406/pp. The ship sails roundtrip from Seattle, and the itinerary includes stops at Victoria, B.C. and Campbell River.

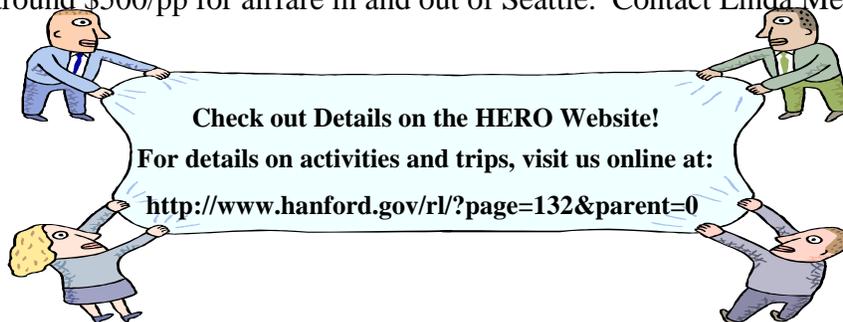
British Landscapes - Join HERO on this 10-day experience of England, Scotland, and Wales October 5-14, 2006. Price of \$2,669/pp includes roundtrip airfare from Seattle, all transfers, 14 meals, 9 nights' accommodations, and sightseeing tours of London's Tower of London, Buckingham Palace, and a theatre performance. In Scotland you will visit the Edinburgh Castle. In Wales enjoy an overnight stay at the Ruthin Castle. You will also visit the ancient Roman town of Bath and travel through the Cotswolds. Contact Marta Caballero at 373-9898.

Italy: Tuscany, the Alps, and Riviera – Sign up now for a 16-day tour that departs October 12, 2006. This is an extensive tour that takes you to Venice, the Italian side of the Alps, the Italian Riviera, Tuscany, and Rome. Price is \$3,095/pp plus taxes, with roundtrip airfare from Seattle. Price includes all transportation, sightseeing tours, 19 meals, and more. Contact Phyllis Roha for details at 376-6413.

Kingdom of Thailand – Join HERO on this 14-day tour of Bangkok and Chiang Mai, November 8-21, 2006. Price of \$2,269/pp includes roundtrip airfare from Pasco or Seattle, all transfers, 23 meals, 11 nights' accommodations, and sightseeing tours of the Golden Buddha and the Grand Palace. Travel to the floating market and visit Aytthaya, the ancient capital of Thailand. Then travel to the old world city of Chiang Mai where you may shop for silk, teakwood and lacquer at bargain prices, and visit the Maesa Elephant Camp, an orchid farm, and interesting temples. Contact Marta Caballero at 373-9898.

Ireland in Depth in May 2007 – If you are interested in a trip to Ireland in the May-June 2007 timeframe, contact Phyllis Roha at 376-6413. If there is enough interest, we can hold space and get the best available dates early. We are currently looking at a 13-day trip for about \$2,495/pp plus taxes. This tour includes roundtrip airfare from Seattle, 7 tours, 19 meals, and 11 nights' accommodations.

Cruise the Hawaiian Islands over President's Weekend beginning February 17, 2007. We'll fly out of Seattle, and visit the islands of Oahu, Maui, Kauai, Hawaii and back to Oahu in 7 days. Inside cabins begin at \$1,314.30/pp plus around \$500/pp for airfare in and out of Seattle. Contact Linda Meigs at 376-7692.





Hanford Employee Welfare Trust (HEWT) Contact Information

UnitedHealthcare Medical PPO

UnitedHealthcare Customer Service and Claims Center: **1-866-249-7606**

Address: UnitedHealthcare Customer Service
& Claims Center
PO Box 30555
Salt Lake City, UT 84130-0555

General Internet Address: <http://www.unitedhealthcare.com>
Provider Search Internet Address: <http://www.provider.uhc.com/hewt>

Express Scripts, Inc. Pharmaceutical Services

Retail & Mail Order Prescription Drugs—PPO Plan **1-800-796-7518**
<http://www.express-scripts.com>

Group Health Options Point-of-Service

Group Health Customer Service and Claims **1-888-901-4636**

Addresses: GHC - Kennewick
1009 N. Center Parkway
Kennewick, WA 99336 GHC - Yakima
2010 W. Lincoln Avenue
Yakima, WA 98902

Internet Address: <http://www.ghc.org>

Fluor Hanford Benefits Administration

Internet Address <http://www.hanford.gov/hr>

E-Mail: (Off-site) Benefits_-_PHMC@rl.gov
E-Mail: (On-Site) *Benefits - PHMC

Mailing Address: Fluor Hanford, Inc,
Benefits Administration
PO Box 1000, H2-23
Richland, WA 99352

March/April 2006
Issue #6

Fluor Hanford
PO Box 1000, H2-23
Richland, WA 99352

E-mail: <http://www.hanford.gov/hr>

FH—Benefits Administration
On behalf of the HEWT



Retirees: Please provide us with your temporary address when on extended travel. Important benefits mail is returned to us, requiring additional costly postage to resend. --Thank you!



myuhc.com

Need to see a specialist? Are you looking for a hospital or a medical facility near you? Let myuhc.com help you!

At UnitedHealthcare, no doctor referral is required to see a specialist.

How do you find a hospital that fits your medical needs? Login to myuhc.com and go to the “Physicians & Facilities” menu tab and click on either “Find a Physician” or “Find a Hospital or Facility” link. It is customized with your plan information so it will provide you with only the names of physicians and facilities in your plan’s network.

You can search in English or Spanish for a physician or facility by location, area of specialty, physician’s gender, and the hospital affiliation. It will even provide a map to the physician’s office or medical facility—how convenient is that!

Login to find...

- Login to myuhc.com.
- Check claim processing.
- Verify plan benefits.
- Search for physicians and hospitals.