

Benefits News & Views for Retirees



Sponsored by Hanford Employee Welfare Trust (HEWT)

Annual Open Enrollment for CY 2006 Post-Retirement Medical Benefits

The annual open enrollment for post-retirement medical benefits began Monday, October 17 and ends Tuesday, November 8, 2005. This is your once-a-year opportunity to review the medical plans available to you through the Hanford Employee Welfare Trust (HEWT), and to make decisions regarding your coverage for the next calendar year. Any change you make will be effective January 1, 2006. Detailed information is included in the Open Enrollment communication sent to your homes.

Important: Group Health HMO is no longer offered.

This is also an opportunity to update dependent changes needed, including beneficiaries and/or address and telephone numbers. (See article on Beneficiary Designation.)

You can also access benefits information and forms (i.e., Beneficiary, Medical claim, change of address, W4P, Direct Deposit change, as well as others on the internet at <http://www.hanford.gov/hr/bennies/RETIREES.htm>.

Todd A. Beyers, Sr. Manager – FH Benefits Administration

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HRA Christmas Luncheon***Thursday, December 15, from 11 am until 2:00 p.m.******O'Callahan's Restaurant – Shilo Inn - Richland*****For Reservations call Dolores Tillson – 582-5503, Gene Van Liew – 946-7738, or Paul Vinther – 943-1747****HRA MEMBERSHIP APPLICATION**

Count me in for all the fun, activities and friendships, plus copies of our newsletter, "The Hanford Retiree." I understand that membership is open to all retirees from prior Hanford contractors. Spouses and surviving spouses of retirees are welcome to join too. Enclosed is my membership application and check payable to: **HRA.**

DUES: \$10.00 per membership for 2006. Membership year is from October 1, 2005 through September 30, 2006, and includes the HRA newsletter.

Retiree's Name:		Spouse's Name:	
Street/P.O. Box Mailing Address:			
City:	State:	Zip Code:	
E-mail:			
Telephone:		Prior Company Affiliation:	
Circle One:	Renewal Membership	New Membership	

Please mail this application with payment to:

**Hanford Retirees Association
P. O. Box 768
Richland, WA 99352**

HRA BOARD MEMBERS

Paul Vinther, President	943-1747
Hal Lindberg, Vice President	946-1538
Jan Larkin, Secretary	586-3489
Harlan Anderson, Treasurer	783-6486
Ila Buchanan	946-7455
Roy Dunn	946-5089
Norvin Sasser	946-8129
Bob Poplin	943-3792
Fred Porter	375-1950
Marguerite Rosson	582-5995
Warren Sevier	627-5605
Roger Thiede	943-1905
Dolores Tillson	582-5503
Gene Van Liew	946-7738
Will Walker	946-0102
Jayne Robbins, Fluor Hanford Liaison	376-0623

"Who We Are"

The Hanford Retirees Association (HRA) is an organization for all Hanford retired employees and spouses. The Association was formed by Westinghouse Hanford Company after it assumed the Operations & Engineering contract at Hanford on July 1, 1987. Fluor Hanford continued sponsorship when it assumed the contract in 1996. HRA has more than 700 dues-paying members. The memberships are from all over the country.

A survey form was developed early in 1988 and sent to eligible retired employees to determine the type of organization the retirees desired.

There are two active committees in the Association; the Program Committee and the Nominating Committee. A member of the 16 member Board of Directors is a liaison to each committee. The Chair of the Program Committee is also a member of the Board.

Elections are held each spring when half the Board is up for election for two-year terms. The Board is selected by the general membership from candidates submitted by the Nominating Committee, which is chaired by the Association's Vice President. The top five vote-getters were elected to two-year terms in the original election and the other five, to one-year terms. The first election was held in 1989.

Board members elect the officers of the Association from the Board. Officers are: President, Vice President, Secretary, Treasurer and Program Chair.

The first luncheon program of the Association was held in May 1988 and featured Congressman Sid Morrison as guest speaker. At that time, the Association was under a Steering Committee, which preceded the board, comprised of six retired employees. The committee developed bylaws and otherwise designed the mission and purpose of the Association.

A luncheon program is held at least four times a year and attracts from 100 to 400 attendees. Program speakers have included: a member of Congress, Hanford executives, newspaper publishers, University executives, airport managers, port district executives, cutting edge scientists including tours of facilities such as LIGO and HAMMER, insurance commissioners and HRA member travelogues.

At the outset a small budget was established by Westinghouse for incidental expenses. However, this budget was never used. The Association has been self-sustaining with a treasury of about \$7,000, representing the annual dues of \$10 per member. A major budget item is the annual funding of scholarships for disadvantaged students at Columbia Basin College (CBC) in the Tri-Cities. Since inception, HRA has provided more than \$30,000 for scholarships at CBC.

The association represents regional and national networking opportunities with senior organizations, education opportunities for membership, communication and social opportunities, a bridge to all Hanford retirees and a rallying point for Hanford support.

--Hal Lindberg, VP – Hanford Retiree Association



HERO HAPPENINGS

Storybook Landscapes along the Rhine River – Enjoy a European cruise in an outside cabin starting at only \$1,195, plus taxes of \$248, per person based on double occupancy, March 11-19, 2006. Price includes airfare from Seattle, transfers, all meals, and sightseeing tours of Amsterdam, Dusseldorf, Cologne, Koblenz, and Mainz. Pre- and Post-trip extensions are available in Amsterdam and Frankfurt, Germany. Contact Phyllis Roha for details (376-6413)

Costa Rica – Join HERO in this tropical paradise March 22-30, 2006. Price of \$1,929 per person includes roundtrip airfare from Pasco, all transfers, 17 meals, 8 nights accommodations, and all sightseeing tours of San Jose, Paos Volcano, Tabacon Springs Thermal Spa, Cano Negro Refuge, Monteverde Cloud Forest, and Guanacaste; optional 3-night jungle adventure post-tour extension. Discount of \$50 if deposit is received by September 30, 2005. Contact Phyllis Roha (376-6413)

Washington, DC – Join HERO on this 6-day Smithsonian adventure on April 6-11, 2006. Price of \$1,399 per person includes roundtrip airfare from Seattle (\$50.00 more out of Pasco), all transfers, 8 meals, 5 nights accommodations, and all sightseeing tours of the National Museum of American History, World War II Memorial Monument & Memorials Tour, National Museum of the American Indian, National Gallery of Art and the Smithsonian Udvar-Hazy Center. Plus plenty of time to pursue personal interests. Discount of \$50.00 if deposit is received by 09/30/05. Contact Marta Caballero (373-9898)

Canada's Atlantic Coast - A 10-day tour beginning July 15, 2006, takes you to the discovered treasures of beautiful Nova Scotia, New Brunswick, and Prince Edward Island. Price of \$2,389 per person (double occupancy) includes airfare from Seattle (from Spokane add on \$60/pp, from Pasco add on \$200/pp), 14 meals, 9 nights lodging, and all tours. Contact Linda Meigs (376-7692)

Music Cities Tour – An 8-day tour of Memphis, Branson, and Nashville will depart on September 11, 2006. Priced at \$1,749 per person (double occupancy), this trip includes round trip airfare from Seattle (add \$80/pp from Spokane or Pasco), 7 nights lodging, and 11 meals. Enjoy the melodic sounds of Blues, Country, and Rock and Roll music, along with an awesome array of spectacular shows on this tour to Tennessee and Missouri. Contact Linda Meigs (376-7692).

British Landscapes - Join HERO on this 10-day experience of England, Scotland, and Wales on October 5-14, 2006. Price of \$2,669 per person includes roundtrip airfare from Seattle, all transfers, 14 meals, 9 nights accommodations, and sightseeing tours of London's Tower of London, Buckingham Palace and a theatre performance. In Scotland you will visit the Edinburgh Castle. In Wales enjoy an overnight stay at the Ruthin Castle where you will be a guest at Britain's original and finest medieval banquet. You will also visit the ancient Roman town of Bath and travel through the rolling countryside known as the Cotswolds. Discount of \$50.00 if deposit is received by 12/31/05. Contact Marta Caballero (373-9898)

Italy: Tuscany, the Alps & Riviera – 17-day tour in the Fall of 2006. Look for dates and prices coming mid-September on the website. This is an extensive tour that takes us to Venice, the Italian side of the Alps, the Italian Riviera, Tuscany, and Rome. Contact Phyllis Roha (376-6413)

Kingdom of Thailand – Join HERO on this 14-day tour of Bangkok and Chiang Mai on November 8-21, 2006. Price of \$2,039 per person includes roundtrip airfare from Pasco or Seattle, all transfers, 23 meals, 11 nights accommodations, and sightseeing tours of the Golden Buddha and the Grand Palace. Travel to the floating market and visit Aythaya, the ancient capitol of Thailand. Then travel to the old world city of Chiang Mai where you may shop for silk, teakwood and lacquer at bargain prices and visit the Maesa Elephant Camp, an orchid farm, and interesting temples. Discount of \$50.00 if deposit is received by 01/31/06. Contact Marta Caballero (373-9898)

Have You Updated Your Beneficiary Designation?

Although thinking about passing away is not pleasant, it is critical that you have your Beneficiary Designation in place. You can obtain a Beneficiary Designation form by e-mailing Benefits_-_PHMC@rl.gov, or by mail request to:

Fluor Hanford, Inc.
Benefits Administration
PO Box 1000 H2-23
Richland, WA 99352

Remember, this is to ensure your wishes are carried out. You can find more information on these and other benefits in the Summary Plan Descriptions found on the HR Homepage at <http://www.hanford.gov/hr/bennies/RETIREES.htm>.

--Patti Brooks, FH Benefits Administration

ADDRESS CHANGES...

Please send address and telephone changes directly to:

Fluor Hanford, Inc.
P.O. Box 1000 H2-23
Richland, WA 99352



Include name, social security number, new address, new phone number and your signature. This will update all applicable benefits records.

In addition, call Vanguard at 1-800-523-1188 to receive an address/telephone change kit for your savings plans.

Healthy Ages offers a free class entitled, "How to Talk to Your Doc." It's informative, interactive and fun. To register call 942-2700. You will be called as soon as the next class has been scheduled.

--Janet Artzer, Coordinator – Healthy Ages
Sponsored by Kadlec Medical Center



Check out the resources on many health topics at: <http://about.com/health/>.

