

---

**From:** ^General Delivery  
**Sent:** Thursday, January 06, 2022 1:01 PM  
**Subject:** Update on New CDC Isolation and Quarantine Guidelines

## THE HANFORD SITE

---

January 6, 2022

**TO:** All Hanford Site Employees  
**FROM:** Dr. Karen Phillips, Hanford Site Occupational Medical Director  
**SUBJECT:** Update on New CDC Isolation and Quarantine Guidelines

**\*\*PLEASE SHARE THIS MESSAGE WITH THOSE WHO ARE NOT ON COMPUTERS\*\***

As a follow-up to our message last week regarding the Centers for Disease Control and Prevention's new guidelines for COVID-19 isolation and quarantine times, HPMC OMS will implement the following guidelines immediately for Hanford Site employees:

- If you have been exposed to someone with COVID-19, but you are asymptomatic and not boosted or have not completed primary immunization series within 6 months (Moderna/Pfizer) or within 2 months (Johnson & Johnson [J&J]), a 5-day quarantine followed by 5 days of wearing a mask when around others is required.
- If you have been exposed to someone with COVID-19, but you are asymptomatic and have been boosted or have completed primary immunization series within 6 months (Moderna/Pfizer) or within 2 months (J&J), you must wear a mask when around others for 10 days (no quarantine required).
- If you test positive for COVID-19 but you have no symptoms or your symptoms are resolving, a 5-day isolation is required, followed by 5 days of wearing a mask when around others.
- If you test positive for COVID-19 and you have symptoms, a 5-day isolation is required. If you continue to have a fever, isolation must continue until your fever resolves, followed by wearing of a mask for 5 days when around others.

If you have tested positive for COVID-19, you are asked to not go to places where you are unable to wear a mask, such as restaurants and some gyms, and to avoid eating around others at home and at work until a full 10 days after your first day of symptoms.

The above guidance comes directly from the CDC. However — with few exceptions — mask use is required on the Hanford Site, regardless of vaccination status or exposure. Please refer to your employer's General Hazard Analysis to ensure compliance with your company's requirements.

Click [here](#) to see a flowchart on isolation and quarantine guidelines. These guidelines also apply to employees who are currently out on quarantine or isolation.

We will keep everyone up to date on new details as they become available. As always, if you are feeling sick, please stay home. Thank you for your continued safety of yourself, your coworkers, your family, and our community!



ONE  
HANFORD