
From: ^General Delivery
Sent: Thursday, January 27, 2022 1:36 PM
Subject: Update on CDC Guidelines for Isolation and Quarantine Times

THE HANFORD SITE

January 27, 2022

TO: All Hanford Site Employees
FROM: Hiram S. Whitmer, President and Program Manager, HPMC OMS
SUBJECT: Update on CDC Guidelines for Isolation and Quarantine Times

****PLEASE SHARE THIS MESSAGE WITH THOSE WHO ARE NOT ON COMPUTERS****

Consistent with recently updated CDC guidelines associated with COVID-19 recommending 5 days of isolation and quarantine, it has been determined the previous return-to-work process including an evaluation by HPMC Occupational Medical Services is no longer required, provided symptoms do not persist past 5 days.

Testing positive for COVID-19 or being in close contact with an individual who tested positive for COVID-19 does not affect the worker's capacity to perform work, return to duty or affect fitness for duty, so long as symptoms do not persist past the 5-day isolation or quarantine, or symptoms have improved and the employee has no fever within the past 24 hours without fever-reducing medication.

Effective Jan. 31:

- Employees will no longer receive a phone call from HPMC OMS to determine restrictions or return to work. Employees and their managers will receive an electronic Record of Visit based on information contained in the submitted Emergency Operations Center checklist, including return-to-work instructions.
- If an employee is free of symptoms after the 5-day isolation or quarantine, employees should return to work without an HPMC OMS return-to-work evaluation. The start date of the 5-day isolation or quarantine period begins the day after a positive test or close contact.

- If symptoms persist after the 5-day isolation or quarantine period, employees will be required to remain in isolation or quarantine (as per CDC guidance), as well as process through HPMC OMS for a return-to-work evaluation.

As a reminder, the following CDC guidance remains in effect:

- If you have been exposed to someone with COVID-19 but you are asymptomatic and **not** boosted or **have not** completed primary immunization series within 6 months (Moderna/Pfizer) or within 2 months (Johnson & Johnson [J&J]), a 5-day quarantine followed by 5 days of wearing a mask when around others is required.
- If you have been exposed to someone with COVID-19 but you are asymptomatic and **have been** boosted or **have** completed a primary immunization series within 6 months (Moderna/Pfizer) or within 2 months (J&J), you must wear a mask around others for 10 days (no quarantine required).
- If you test positive for COVID-19 but you have no symptoms or your symptoms are resolving, a 5-day isolation period is required, followed by 5 days of wearing a mask when around others.

If you test positive for COVID-19 and you have symptoms, a 5-day isolation period is required. If you continue to have a fever, isolation must continue until your fever resolves, followed by wearing of a mask for 5 days when around others.

